



**MERIDIAN ANTI-DRUG
COALITION**
**STRENGTHENING
OUR COMMUNITY**

MINUTES: Meridian Anti-Drug Coalition General Meeting
Meridian Police Department, Media Room or *Zoom
1401 E Watertower St, Meridian, ID 83642
November 16, 2023 | 4:00-5:00PM

24 ATTENDEES: (19 In-person) Danielle Fanopoulos, Terry Austin, Cheryl Mulvihill, David Phillips, Earl Schraff, Christy Boyes, Jennifer Abrao, Robert Rodriguez, Susie Stertz, Kati Chauvin, Katie Rhodenbaugh, Yoonwa Saechao, Sydney Nate, Dr. Brett Bingham, Anne-Little Roberts, Hailey Blogg, Kendall Nagy, Libby Rehkemper, Zachary González (5 Via Zoom) Brenda Willson, Jessica Harris, Kelsey Winnett, Stephany Galbreath, Heather Allan

TIME	SPEAKER AGENDA ITEMS	NOTES
4:00	Kendall Nagy, Director: Welcome & Intros	(all) sign-in, introductions
4:05	Guest Speaker: Dr. Bingham, DVM - Intermountain Pet Hospital	<p>(Dr. Bingham) serving our community as a DMV and owner for 23 years. Locations in Meridian, Middleton and Nampa. Veterinary clinics are Prescriber Drug Outlets (PDOs), they are not pharmacies. Veterinarians are regulated as of now but were not 10 years ago. Prescriber Drug Outlets are under the supervision of the board of pharmacy (BOP), but don't have the same regulations as a pharmacy. Pharmacies can't and don't carry all veterinary medications, nor are pharmacists trained in veterinary pharmacology. They aren't qualified to be a pharmacist in a veterinary hospital. A trained technician in veterinary medicine is a better fit both financially and knowledge wise than a human pharmacist. We still get inspected by the BOP every 6-12 months who will come through and make sure all drugs are accounted for, logs are accurate, and we have standard operation procedures that we are following. We could be fined or shut down if we aren't compliant with the regulations of the board of pharmacy. So we are regulated, but not to the degree that a human pharmacy is. As far as risks of drug abuse in small animal veterinary medicine, it is more likely to be with staff than clients. Risk is mostly with dispensed narcotics. With clients the risk is mostly with written prescriptions. We don't dispense very many controlled substances. If we are in doubt we call the BOP and they can check the Prescription Drug Monitoring Program (PDMP) for discrepancies or indicators of abuse/doctor shopping. To reduce risk we drug test new hires and random drug test all current employees. The controlled drug box is always locked and only accessible by a few technicians or doctors. All controlled drugs are logged and the log is verified every day. Different people doing different parts of controlled drug inventory management (counting, ordering, shocking, using). If it doesn't add up leadership gets notified. When clients ask about disposal of medications we refer them to the Meridian Police Department and share the takeback information. (David) I have seen products for dogs that are CBD or hemp based, would it come from someone making that? (Dr. Bingham) Yes, we don't subscribe that. People buy it from outside sources. And if a person asks what dosage to give their pet we don't give one because it was not prescribed by us. (Sydney) What is ketamine used for in animals? (Dr. Bingham) It's an anesthetic. (David) For horses? (Dr. Bingham) For all animals. (Danielle) A lot of ketamine for adult treatment in mental health facilities. (Dr. Bingham) The highest risk for drug abuse in a small animal veterinary clinic is the staff. We had a clinician a while ago, that was logging drugs incorrectly and using patient's information to get the script refilled. Once we found out, she was fired.</p>



		<p>(Katie R.) Do you have a same protocol like you do in the ER? (Dr. Bingham) Yes. (Danielle) Do you need two people to sign off? (Dr. Bingham) Yes. (Earl) Is this just your hospital’s procedure? (Dr. Bingham) Every hospital has its own responsibility to monitor, and can get checked up on. And when in doubt we call the Board of Pharmacy. (Danielle) Do they come for trends? (Dr. Bingham) Yes. They look for trends and inventory. All of our staff gets drug tested. (Katie R.) Do you do the same safeguards for all staff? (Dr. Bingham) Yes. Even I get drug-tested. And it is random. (Susie) What about xylazine? (Dr. Bingham) We use for it for sedation. It is not a controlled substance because it is not addictive on its own. But if you use it in combination with another drug it can enhance the addiction. (Susie) So if I needed xylazine for my horse, you would give it to me? (Dr. Bingham) No. No vet would do that. (Susie) People want to know where they are getting it? (Kendall) Probably on the internet. (Earl) Are animals being brought in with Marijuana overdoses? (Dr. Bingham) Yes, a dog came in recently. It was staggering all over and peeing on itself. You know its marijuana because they eat a treat super-fast. Marijuana toxicity is common. (Kati C.) What about amphetamines? (Dr. Bingham) No, it’s not super common. (Earl) Thank you so for coming.</p>
4:30	<p>Hailey Blogg, Secretary: 10/19/23 General Meeting Minute Vote (sent out via email) Red Ribbon Week, Trunk-or-Treat</p>	<p>(Hailey) 1st – David 2nd – Sydney. All in favor. Meeting minutes approved. Red Ribbon Week was great. We had 33 schools request over 23,000 resources. Natalie Marti presented at 5 schools and we had 7 K9 demos. Trunk-or-Treat was super fun too. We dressed up as minions, everyone really enjoyed the costumes. Tied a bit of prevention messaging “What is your reason to be drug free.” Had 82 conversations.</p>
4:35	<p>Executive Committee, Sector Reps (SRs) Danielle, Youth Serving SR Sydney, Youth SR: Sticker Shock update</p> <p>David, Substance Abuse SR: prevention updates from IANG</p> <p>Yoonwa/Kylee, School SRs: confirm audio reservation 12/19?</p> <p>Earl, Parent SR: Red Ribbon Week @ St. Ignatius</p> <p>Kelsey, Media SR</p>	<p>SR Action Items: Impact Statements & Promote Anniversary Celebration</p> <p>(Danielle) No updates. (Kendall) Thank you for providing the logos for the flyer.</p> <p>(Sydney) Sticker Shock was awesome. Letter to the editors is done, will send it in to news outlets.</p> <p>(Kendall) We got all the bags stickered, filmed a PSA, and bags delivered for the Sticker Shock Campaign.</p> <p>(David) Had some opportunities with Idaho National Guard, but I no longer work there. Had a chance to introduce Red Ribbon Week. Shared Ray Lozano webinar. Got pledge stickers from RADAR and Ribbons from Elks. It meant a lot to the soldiers. Interesting fact, soldiers are not allowed to take expired medications, if they get drug tested and get caught it gets flagged on their record. We talked about drug-take backs. Started the conversation about having drug-take back bins.</p> <p>(Yoonwa/Kylee) Combining resources, MADC and WASD and trying to figure out where to put them on the WASD website.</p> <p>(Earl) St. Ignatius did participate in Red Ribbon Week, saw students wearing ribbons. Went to the Parent Night at Boys and girls Club, a little disappointing we only had one person show, but she seemed engaged. Council of Catholic Women, I helped present with Kendall and Hailey. (Kendall) Earl did a great job presenting and we had 42 attendees.</p> <p>(Kelsey) 99% done with 20-Year Media Release that will go out December 14th. (Kendall) We did confirm audio run-through for communications team for WASD.</p>



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	<p>Robert, Law Enforcement SR: NH photo booth, documentary panel</p> <p>Brenda, Healthcare SR</p> <p>Kati, Government SR: Nic Sick Panel, Detention Center, B&G Club</p> <p>Susie, Civic SR: CCI Meeting Update</p> <p>Anne, Business SR</p>	<p>(Robert) During Red Ribbon Week Hailey, Brenda, and I did the Natural High photo booth at Mountain View. It went great. We also had the Nic Sick panel, which students really enjoyed and asked good questions. Hailey and I did presentations in 6 high school health classes to about 180 total students.</p> <p>(Brenda) Helped participate in the Natural High booth at Mountain View, don't under estimate our youth. I was surprised at the amount of foot traffic and how much fun the High School students had interacting with us and each other. It was super fun and pretty cool. When you volunteer at these events, you have a first-hand experience about how powerful it is to engage with these kiddos.</p> <p>(Kati) Went over Nic Sick Panel that was great. Some of the kids asked about laws and government. A lot of kids wondering why it was legal? I presented at the juvenile detention center for a cessation class. We talked about the environment when it comes to vaping. We did a survey and it had positive results. So those youth cared about the environment and that is what stuck for them. The Boys and Girls Club only having one parent show up but it's okay because all it takes is one!</p> <p>(Susie) I was at a convention during Red Ribbon Week. Right at the end of Red Ribbon Week I got 33,000 ribbons, 5,000 bracelets, pens, pencils, so next year we will be ready. The Elks, we put out 15,000 ribbons throughout the state. Kiki Camarena award is coming up, if you want to nominate anyone for that.</p> <p>(Kendall) Any updates on CCI? (Susie) They are going through some pains and reorganization. (David) I spoke with Lyndsi, and they supported RRW and are applying for more grants.</p> <p>(Anne) No updates. Top Golf is going to come through with something for the 20-year anniversary.</p>
<p>4:50</p>	<p>Kendall: Sticker Shock, Rx Take-back, 20 Yr. updates</p> <p>Upcoming: Holy Apostles 11/13, MPD Northwest Station Ribbon Cutting 12/5, MADC 20 Yr. Anniversary Celebration 1/25 (RSVP deadline 1/11)</p>	<p>(Kendall) Sticker Shock Campaign stickering event had 23 youth participants, Idaho Office of Drug Policy is going to include a shout-out in their Dec. newsletter. Also, during Red Ribbon Week, we had an Rx Take-back at Republic Services, data is similar to other Fall Take-backs. We had Idaho State University pharmacy students volunteer. 154 cars dropped off 357.9 lbs of medications for safe disposal. 20-Year updates; we have great sponsorships and partnerships! CEC members each got a polo, t-shirt, and challenge coin in preparation for the event. We will send 20 Yr. event registration info in the Newsletter, CEC members and partners will start promoting the week of Dec. 4th, and the general public invites will go out the week of Dec. 11th. Click here to learn more and RSVP! Rx drop boxes will be installed at the new Meridian Police Department North West Station, the ribbon cutting is December 5th. We will be holding the December MADC Meeting at Lucky Perk Coffee (1630 S. Eagle Rd., Meridian ID, 83642) and will share a little business but it will be a moment for to catch up and spend time together before the holidays.</p>
<p>4:55</p>	<p>Open Discussion: community partner updates, feedback, etc.</p>	<p>(all) "How has prevention impacted your life?" - please email your statement to madc@meridiacity.org.</p> <p>Recommended: Netflix Documentary- Big Vape, The Rise and Fall of Juul</p>
<p>5:00pm Meeting Adjourned</p>		<p>Next MADC Meeting: Dec. 21st at Lucky Perk Coffee (1630 S. Eagle Rd., Meridian ID, 83642)</p>