



**MINUTES: Meridian Anti-Drug Coalition General Meeting  
Meridian Police Department, 1401 E. Watertower  
January 21, 2021 | 4:00-5:00PM**

**Attendees (21):** *In-person-* Kendall Nagy, Sarah Herrick, LT. Shawn Harper, Melanie Patterson, David Phillips, Dirk Mendive, Milt Smith, *On-line-* Brenda Wilson, Danielle Fanopoulos, Stephany Galbreath, Jamie Parry, Earl Scharff, Cheryl Mulvihill, Terry Austin, Reanna Culjat, Esmeralda Herrera, Nichole Herold, Kristi Lampe, Jeanne Buschine, Courtney Boyce, Susie Stertz

TIME	SPEAKER   AGENDA ITEMS	NOTES
4:00	<b>Kendall Nagy, Director:</b> Welcome & Introductions   Additions to Agenda?	(all) sign-in sheet   (Sarah) note call-ins
4:05	<b>Sarah Herrick, Secretary:</b> Approval of December 17, 2020 Meeting Minutes (sent out via email)	David -Motion, Shawn -Second, all approved
4:07	<b>Nichole Herold, Substance Abuse Sector Rep:</b> Substance Abuse & Mental Health Consequences of COVID	<p>Increase in substance and alcohol abuse with citizens at home for extended period of time. Have seen an increase in the following:</p> <ul style="list-style-type: none"> <li>• Drinking more alcohol               <ul style="list-style-type: none"> <li>○ Home and do not have to drive.</li> <li>○ Elderly and retirees – since they are isolated.</li> </ul> </li> <li>• Increase in cannabis use because of the close proximity to Oregon.</li> <li>• Increase in cannabis use because citizens are working from home and not held accountable by others.</li> </ul> <p>Mental Health issues have increased. Fear of getting sick, getting others sick and financial loss. Have seen increased suicide rates, depression and anxiety. Adjustment disorder, lack of school and socialization. Children suffering from lack of socialization.</p> <p>Social Anxiety Disorder, fear of leaving the home and increasing panic attacks. Effecting substance abuse patients, have had patients admit to drinking while participating in virtual meeting support group (AA). Encourage those to seek out a counselor if needed at <a href="https://www.psychologytoday.com/us">https://www.psychologytoday.com/us</a>, you can search by zip code. Limit exposure to the news, continue to exercise, pay attention to things that are in your control and not to things that are out of control.</p>
4:17	<b>Kendall Nagy, Director:</b> ISLD Grant/City Council	(Kendall) Thank you to ISLD for the \$1500 grant for <a href="#">Be Safe &amp; Sober</a> 's Natalie Marti to speak at 5 Red Ribbon Week all school assemblies. While requesting spending authority for this grant award, Councilman Borton said he wanted to let the coalition know he is thankful for the effort MADC has been doing in the community.

Our mission is to strengthen our community through substance abuse prevention.  
Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



**MERIDIAN ANTI-DRUG  
COALITION**  
**STRENGTHENING  
OUR COMMUNITY**

	<p>Cannabis Compliance Checks</p> <p>Annual Rx Numbers</p> <p>Legislative Tracking Resources</p> <p>New Drug Bulletin</p> <p>Alcohol CC&amp;ST Operations</p> <p>Prep for Annual Sector Rep. Renewal, Volunteer Nominations</p> <p>Coalition Survey</p> <p>Vote on whether or not the coalition would like to submit a position statement to Senator Grow regarding <a href="#">SJR101</a>.</p>	<p>THC amounts were within federal legal limits. Letters will be sent to local retailers where the products were purchased.</p> <p>BPD, ACSO, Star, Eagle, GCPD, Kuna from 2009-2020 35tons of unwanted prescription medications disposed of. 2020 Meridian PD drop off bins and fall/spring take back collected 3157 pounds for safe disposal.</p> <p><a href="#">Legislative Tracking Brochure</a> – general brochure to be read by constituents involved and helping them learn more about the session. Podcast has been produced with CCI and a news story was also aired about the brochure. <a href="#">ODP has put together a brochure and tool kit on how to contact your legislature and why</a>. Meridian Chamber of Commerce this Friday at 7am coffee with Idaho legislatures a representative from all 5 Meridian districts, can log in and watch.</p> <p>We created a new educational drug bulletin showing fentanyl pills disguised as “Oxycodone” from a recent case here in Meridian. <a href="#">Click here</a> to view it. Additional bulletins can be found on the MAD website resource page: <a href="https://meridiandistrict.org/madc/resources">https://meridiandistrict.org/madc/resources</a></p> <p>Scheduled with youth decoys who will be employed to work with us. Funded through a grant with ODP.</p> <p>In the next few months we will: have sector representative renewals, 1-year agreements will renew in March or April. We will also have MADC volunteer of the year nominations (can be CEC member or general, cannot be staff members).</p> <p>13 question survey to find out your satisfaction with your role in the coalition and what the coalition is doing.</p> <p>Senator Grow, District 14 is going to introduce a Idaho constitutional amendment. Goal of the amendment is working to preserve Idaho and quality of life as a proactive prevention measure in case there is an initiative or ballot measure to allow “medical” or recreational marijuana. Signatures are being collected for both, trying to get them on the ballot in 2022. If this amendment passes it will supersede any other initiative and maintain Idaho laws. David motion vote of sending a statement of support on SJR101.</p> <p>Milt Second, all 21 meeting attendees voted in favor, except 2 who abstained. Will draft a letter and send it out to all attendees in this meeting.</p>
4:30	<p><b><u>Sector Representatives (SRs): Prevention Within the 12 Sectors</u></b></p>	

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	<p><b>Esmeralda, Government SR:</b> update</p> <p><b>Jamie, Youth SR:</b> legislative speaker   MADC to visit RHS NHS</p> <p><b>Milt, Faith/Religious SR:</b> met w/ Kendall to discuss outreach ideas</p> <p><b>David, Media SR:</b> legislative updates   hosted MADC for a podcast</p>	<p>Esmeralda – will be stepping down from Counter Drug Task Force with the Idaho National Guard.</p> <p>Jamie – working to identify a youth who would want to speak at the legislative session.</p> <p>Milt – putting out a template email to link partners to the MADC website. January 26 130-430 suicide awareness training.</p> <p>David – 2/18 11am CCI will be holding an online webinar around community engagement. Shannon McGuire will be presenting. Will be on the website next week  <a href="https://www.communitycoalitionsofidaaho.org/">https://www.communitycoalitionsofidaaho.org/</a></p>
4:55	<p><b>Open Discussion:</b> additional updates, feedback, ideas, questions, etc.</p>	<p><b>“Extra Credit”:</b> watch Childhood 2.0, a documentary about the impact of technology on the mental health of our children. Very good!</p>
5:00pm Meeting Adjourned		<p><b>Next General Meeting February 18, 2021 at 4PM</b></p>

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